

Aging Well in Communities: Resources

AGING WELL IN COMMUNITIES: A TOOLKIT FOR PLANNING, ENGAGEMENT & ACTION

The sites listed below offer research, guidance documents, data, tools, and other resources related to aging and community planning. The Center for Civic Partnerships also offers an extensive list of [aging well resources](#), organized by topic area (available at <http://www.civicpartnerships.org/docs/services/CHCC/aging-well.htm>).

Aging Initiative

U.S. Environmental Protection Agency (U.S. EPA)

As part of its Aging Initiative, U.S. EPA is developing a National Agenda for the Environment and the Aging, which is aimed at protecting the health of older people. This site offers information on the initiative, research on aging and smart-growth issues, and fact sheets and other materials on various environmental hazards. (Available at <http://www.epa.gov/aging>.)

American Planning Association (APA)

The APA provides leadership in the development of vital communities. Its site offers a variety of research, resources, and data addressing smart growth and livable communities. (Available at <http://www.planning.org/research/index.htm#current>.)

California Association of Area Agencies on Aging (C4A)

C4A advocates for the needs of older Californians and adults with disabilities. It represents all 33 Area Agencies on Aging (AAAs) operating in California. The site offers contact information for each AAA, plus information about services and programs. Every three years, each AAA prepares an area plan, which guides the implementation and delivery of services in that AAA's planning and service area. Contact your local AAA and request a copy of the area plan to learn more about activities in your community and opportunities to collaborate. (Available at http://www.c4a.info/index.php?option=com_content&view=article&id=2&Itemid=2.)

California Department of Aging (CDA) State Plan 2009 – 2013

This plan promotes the independence and well-being of older adults, adults with disabilities, and their families. It outlines goals and objectives for each local Area Agency on Aging (AAA) to use in planning, implementing, and delivering local supportive services for older adults (ages 55 and older). (Available at http://www.aging.ca.gov/legislation/California_State_Plan_on_Aging_AoA_2009-2013_06-30-2009.pdf.)

California Department of Public Health (CDPH)

The CDPH works to optimize the health and well-being of California residents. Its site provides a review of statewide programs, lists [local public health departments and services](#) and offers access to public health data and information, such as resources, statistics, surveys, informatics, GIS, and health indicators. (Available at <http://www.cdph.ca.gov>.)

California Health Interview Survey (CHIS)

UCLA Center for Health Policy Research

CHIS is the largest state health survey in the United States. CHIS is conducted every two years on a wide range of health topics. Data from the survey provides a detailed picture of the health and health care needs of California's large and diverse population. The CHIS site offers a free tool that allows users to search for health statistics in their counties and states. The Centers for Disease Control and Prevention (CDC) also offers the [National Health Interview Survey](#). (Available at <http://www.chis.ucla.edu>.)

Center for Healthy Aging

National Council on Aging

The Center for Healthy Aging encourages the development and implementation of evidence-based programming, which translates into tested program models or interventions resulting in practical, effective community programs that provide proven health benefits to community members. (Available at <http://www.healthyagingprograms.org/content.asp?sectionid=9>.)

Community Partnerships for Older Adults

This national program aims to help communities develop leadership, innovative solutions, and options that meet the needs of older adults over the long term. The Robert Wood Johnson Foundation, which funds the program, recently published **A Practical Guide for Engaging Stakeholders in Developing Evaluation Questions**. (Available at <http://www.partnershipsforolderadults.org>.)

Federal Interagency Forum on Aging-Related Statistics

The Forum works to improve both the quality and use of data on the aging population by widening access to information on this population, encouraging cross-national research and data collection, and other activities. (Available at <http://www.agingstats.gov>.)

Governor's Office of Planning and Research (OPR)

The California OPR coordinates the state-level review of environmental documents, offers technical assistance on land use planning and certain federal grant applications, and provides a variety of resources, including the **California Planners' Book of Lists 2009**. (Available at <http://www.opr.ca.gov>.)

Healthy Development Measurement Tool

The Healthy Development Measurement Tool offers metrics for evaluating the extent to which land use plans, projects, or policies will advance human health. Planners, developers, government agencies, community residents and organizations, and other stakeholders can use the tool to assess how the expected outcomes of development projects or policies affect community health indicators, or whether a plan achieves development targets. (Available at http://www.thehdmtool.org/hia_resources.php.)

National Association of Regional Councils (NARC)

The NARC serves as the national voice for regionalism by advocating for regional cooperation as the most effective way to address a variety of community planning and development opportunities and issues. The site provides a **list** of Councils of Government (COGs), Metropolitan Planning Organizations (MPOs), and planning councils throughout the United States. (Available at <http://narc.org>.)

Office of Statewide Health Planning and Development (OSHPD)

The Hospital Community Benefit Program (HCBP), administered by OSHPD, requires private not-for-profit hospitals to assess community needs, develop plans to address priorities, and report on community benefits. (Available at <http://www.oshpd.ca.gov/HID/SubmitData/CommunityBenefit/>.)

Planning for an Ageing Community

The Australian Local Government Association (ALGA) and the Australian government developed the **Australian Local Government Population Ageing Action Plan 2004-2008** to engage local government in a planned and coordinated national approach to issues related to an aging population. This web site offers research, data, innovative practices, and other information. (Available at <http://www.alga.asn.au/policy/healthAgeing/ageing>.)

FOR MORE INFORMATION

This resource list is part of **Ageing Well in Communities: A Toolkit for Planning, Engagement & Action**. This toolkit also includes a community planning overview; guides for resident surveys, public forums, and focus groups; and case studies. For the complete toolkit, visit <http://www.civicpartnerships.org/docs/services/CHCC/aging-well.htm>.



Center for Civic Partnerships
1851 Heritage Lane, Suite 250
Sacramento, CA 95815
Tel: (916) 646-8680
Fax: (916) 646-8660
Web site: www.civicpartnerships.org
Email: ccp@civicpartnerships.org



© Public Health Institute 2010